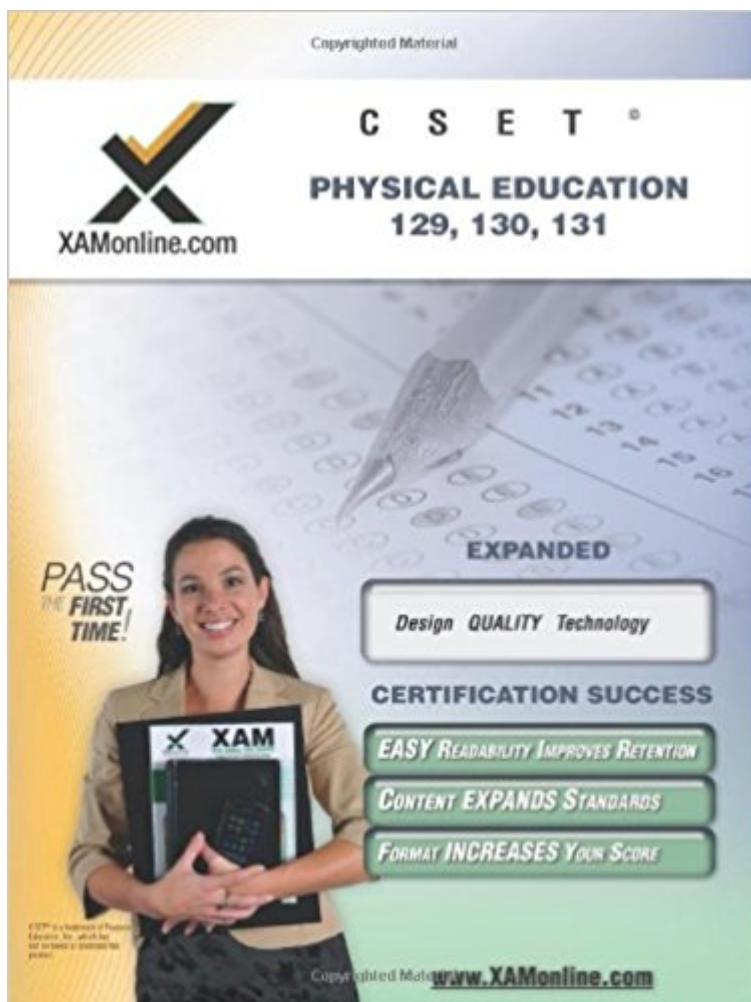


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# CSET Physical Education, 129, 130, 131 Teacher Certification Test Prep Study Guide (XAM CSET)



## Synopsis

Become a Physical Education Teacher with ConfidenceUnlike other teacher certification test preparation material, our CSET Physical Education study guide drills all the way down to the focus statement level, providing detailed examples of the range, type, and level of content that appear on the test. Completely aligned with current CSET exam, this book provides the support you need to study and pass the exam with confidence!This study guide includes one practice test to help you test your knowledge, understand how the exam is weighted, and identify skills and competencies you need to focus on. Our detailed answer explanations reference related skills in the book, allowing you to identify your strengths and weaknesses and interact with the content effectively. Maximize your study by prioritizing domains and skills you need to focus on the most to pass the exam.This study guide is perfect for college students, teachers, and career-changing professionals who want to teach Physical Education in California.

## Book Information

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## Customer Reviews

It is what I need for the test!

Great resource to use when studying for National Boards

This prep was a VERY simple outline of this beast of a test, I don't think I passed, but will use the

prep as a guideline for what to expand on.

I used this book to pass CSET 1. The sample questions mirrored how the actual questions are worded. Make sure you also look for practice videos as well for the essay question. Five of my friends took the test in the room with me and 3 failed the essay on the video. Wished the book would have focused more on learning and physical disabilities and how it affects movement. My test had many questions on disabilities and I guessed. My background: I have been teaching a military class in public education for 15 years.

I am a physical education specialist, and I bought this book because I am teaching a CSET prep workshop and I needed to find a textbook for my course. This is basically all that is available. I ended up creating my own workbook because this book is limited. I recently took and passed all 3 sections. (Hey, I didn't want to teach the class if I could not pass the test!) This book did help a bit, but all in all, I would agree with the other reviewer in that general test taking strategies are necessary for this test. My biggest advice to those taking the CSET Phys Ed would be to concentrate on the essay portion of the test in the following way: 1). During the Video portion of the test, take notes on scratch paper! 2). Do a Pre write/ outline before you start your written essay. 3). Do the essay portion BEFORE you attempt any multiple choice questions! 4). Do NOT feel that you need to write in complete essay form- bullet points are GREAT! Time will not be a problem on this portion of the test, but SPACE will be. Be concise and to the point and you should be fine. GOOD LUCK!!!

I am in a credential program trying to earn my credential in Physical Education. I have played and been around sports my entire life, but I do not possess a kinesiology degree. I was scared to take the CSET due to all the scientific terminology I may not know. I bought this book hoping that it would help me. I passed the Physical Education CSET on my first try. All three sections. This book lays a good base of what to expect on the CSET as far as terminology and used and expected in the CSET. Without this book, I am positive I wouldn't have passed on my first try. All I did, was read this book from front to back and it did so much just by that little bit. Not everything in the book is useful. I think the information in the main part of the book is good, however the practice tests are not that relevant to what is on the CSET.

I am not a sports guy, but I passed the CSET first try after only reading half the book, so it must

have helped! I am a good test taker, as a caveat. Maybe it was meant as a review for people who know a lot; it really could have used diagrams/pictures of playing fields, etc., and I found the information on individual sports to be incomplete ( I couldn't teach them based solely on the info here.) On the other hand, the first few chapters on philosophy etc. were interesting and gave me a whole new perspective on PE.

I read the reviews on this book and they were mixed, however study guides for this subject are hard to find. The CSET is a ridiculous test that pulls random questions from all spectrums of the subject. However, I bought this book and it gave me a great overview and foundation for studying and ultimately passing the CSET. Not everything that I was tested on is in the book, but I don't think they could possibly make a book with all of the subject knowledge in it. The book gave me a great starting point to pull information from and there is no way I would have passed the test without it.

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